

# Employees Keep Our Workforce Moving



Our nation's workers —  
healthy and productive — power our economy.

Scientific reviews show that well-designed workplace health promotion programs reduce medical costs, result in fewer missed work days, and enhance productivity. Some programs that follow best practice guidelines return \$2 to \$3 for each dollar invested.

Congress: Thank you for celebrating and promoting the benefits of prevention by recognizing National Workplace Wellness Week. Keep supporting our nation's economic engine by backing legislation that makes new investments in the health of the American workforce.

**U.S. WORKPLACE WELLNESS ALLIANCE**

[www.uswwa.org](http://www.uswwa.org)